

**PE1463/VVV**

Cecilia Johnston Letter of 25 February 2016

I am stating my wish for my email to be considered as a submission.

I am supporting the petition for better adrenal and thyroid testing and treatment. I've had Graves disease since I was 16 (now I'm nearly 40) and I have had the majority of my thyroid removed. I have been disgusted at the lack of treatment I have had due to my TSH being "normal" despite having symptoms of being hypo. I had an emotional breakdown trying to manage working and being a mother and the Doctor's decision was to put me on depression medication. I now realise I had adrenal fatigue but I had to pay private for this test. I am now self-medicating and taking responsibility for my own health.

This is just a very brief summary of my struggles but to outline the reason why I support the petition.

Cecilia Johnston